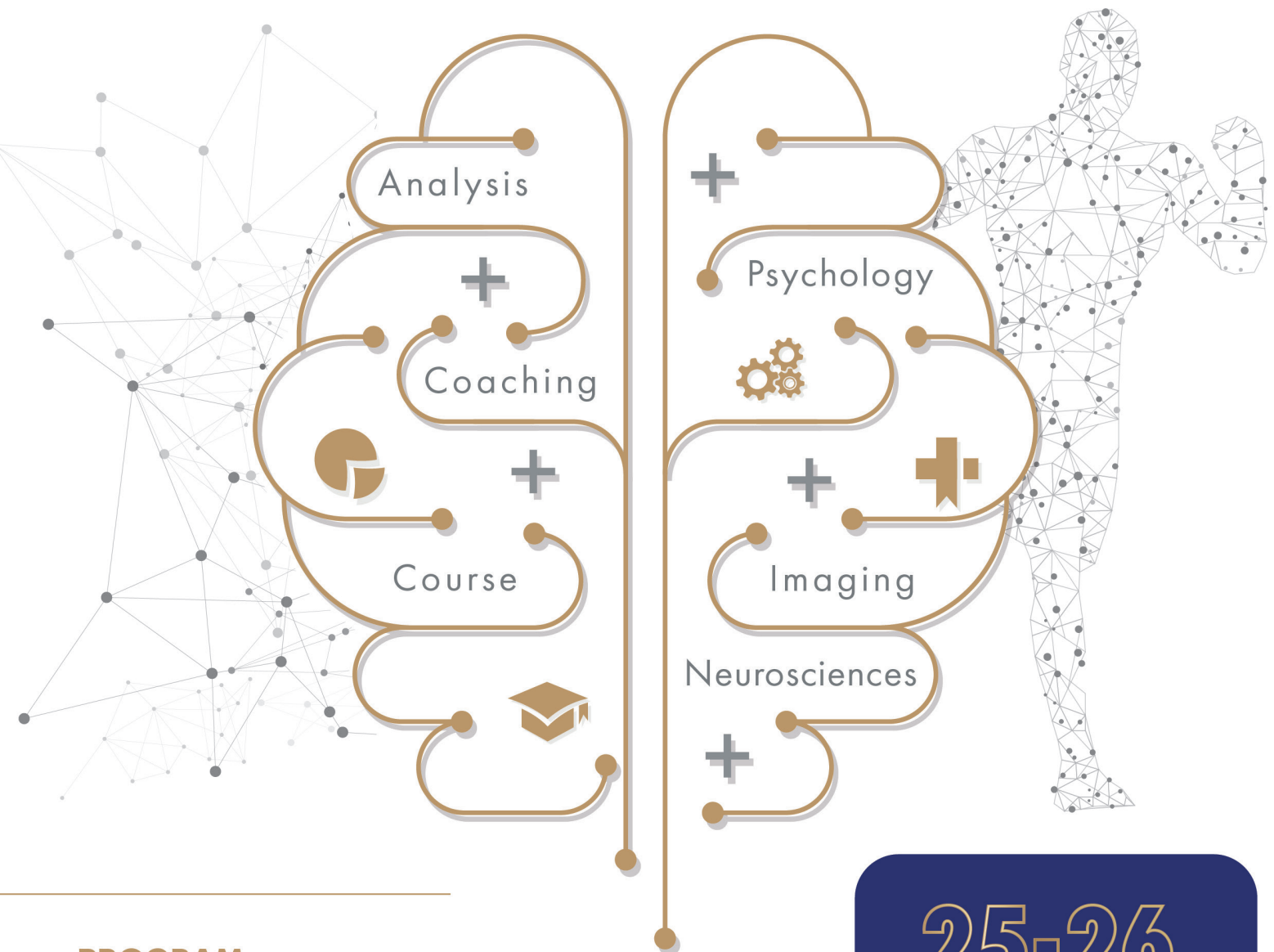




# INTERNATIONAL CONFERENCE

## MENTAL DIMENSION AND COACHING FOR SPORT PERFORMANCE



### PROGRAM

- **The management of uncertainty**
- **The sport psychologist's role in the environment of Paralympics**
- **The evolution of sport performance tools**
- **The trainer's approach**

25-26

NOVEMBER 2021

**INSEP**

11, avenue du Tremblay - 75012 Paris

Registration required

[www.insep.fr](http://www.insep.fr)



## SESSION 1: THE MANAGEMENT OF UNCERTAINTY (25 NOVEMBER 2021 FROM 9:30 AM TO 12:45 AM)



### Göran Kenttä PhD

Senior researcher at the Swedish School of Sport and Health Sciences



### Ulrika Sandmark

Sport Director at the Swedish Swimming Federation



### Hannah MacDougall PhD

Elite Para Athlete Australian Team



### Véronique Richard PhD

Mental performance consultant at the Institut National du Sport du Québec



### Gangyan Si PhD

Sport Psychologist at the Hong Kong Sports Institute



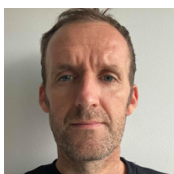
### Urban Johnson PhD

Professor in sport and exercise psychology at the Halmstad University of Sweden



### David McCarthy

Former Endurance trainer at the Aspire Foundation Academy



### Matthew Cullen

PhD candidate at the University of Birmingham

## CO-PRESENTATION

What lessons can we draw from the pandemic experience regarding the management of uncertainty?

Putting your best foot forward when faced with uncertainty

The preparation of an Olympic team during a pandemic: transdisciplinarity, disruption, and creativity

The mental health management framework for the Chinese elite athletes

## ROUND TABLE

Supporting psychological and performance needs of student-athletes and staff throughout the Covid-19 pandemic